

# Study Habits | A Road To Success

## PROBLEM IDENTIFIED

---

Denver Urban Scholar High school student has been identified as having poor study habits. Good study habits are crucial to develop, in order to not only do well in high school, but to succeed in college. The learner could have a variety of reasons why their studies are sub par.

## LEARNING SOLUTION

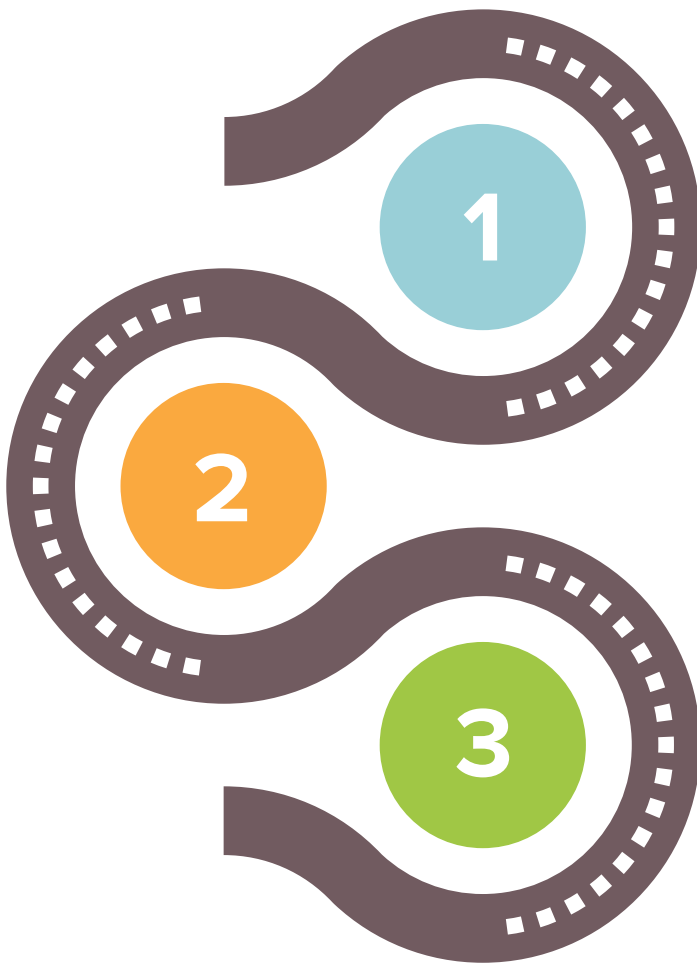
---

Multiple resources will be made available to them via an interactive pdf hosted online. It will be accessible online for free, and will feature general tips to improve study habits. Additionally it will include links to websites, videos, online communities, apps and quizzes, for further/deeper exploration. There will be ability to post comments if they wish.

## LEARNING GOAL

---

The goal will be for the learner to identify ways to improve their study habits, to learn how to create and use an online calendar, and to implement at least three methods to improve their studies.



## LEARNING OBJECTIVES

---



Learner will be able to explain why good study habits are crucial for academic success. They will be able to list 3 ways having good study habits will improve their own life.



Learner will create a google calendar to sync with their smart phone, that allows for study time, school, sports, family, and leisure activities. The calendar will be sharable (if they choose), and include reminders/alerts.



Learner will choose three methods to implement in their daily life for one month. They will keep a daily journal of their progress to share with their DUS mentor.

Possible methods include: improving sleep, improving nutrition, adding an exercise routine or sport, implementing note-taking skills, implementing test-taking skills, creating a dedicated study space, joining a study group, learning to say "no", etc.